



Fraser Valley Aboriginal Children and Family Services Society-Xyolhemeylh

110-3010 Gladwin Rd, Abbotsford, BC, V2T 0H5
Telephone: (604) 855-3328 Fax: (604) 855-3361



Visions and Voices – YOUTH FORUM SEPT 19-21 Registration Form – AGES 12-19

Location: Zajac Ranch, Mission

Registrations to be sent to visionsandvoices@xyolhemeylh.bc.ca

Registration is required by Aug 18th (Spots usually fill very quickly, waitlist will be created)

**Please ensure Participant reads and understands all pages in this registration package.*

SECTION 1 : Participant Information:

NAME (FIRST AND LAST):	AGE:	GENDER:	PRONOUNS:
YOUTH PHONE NUMBER: (If applicable)	YOUTH EMAIL ADDRESS:		
ADDRESS:	CITY:	Is transportation Needed? (Transportation is limited)	
Are you Currently: <input type="checkbox"/> YAG/IL <input type="checkbox"/> Other: _____		<input type="checkbox"/> In Care <input type="checkbox"/> Previously in Care	
HOODIE SIZE: (Adult Unisex Sizes)			
SOCIAL WORKER NAME:		SOCIAL WORKER PHONE NUMBER:	
MEDICATIONS:		Medication instructions (Please list medications, amounts, and instructions/times) *Please Read Medication Section	
ALLERGIES/MEDICAL CONCERNS/FOOD RESTRICTIONS:			
Additional info or behaviours Facilitator or Staff should be aware of:			

Caregiver/Primary Emergency Contact Information:

NAME:	PHONE NUMBER:	EMAIL:
ADDRESS:	RELATIONSHIP TO PARTICIPANT:	



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Please list a secondary Emergency contact in case the first one is unavailable.

Secondary Emergency Contact Information:

NAME:	PHONE NUMBER:	RELATIONSHIP TO PARTICIPANT :
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Waiver/Release:

Participant agrees to follow all reasonable instructions and directions of the staff duly appointed by Fraser Valley Aboriginal Children and Family Services Society-Xyolhemeylh in connection with the operation of the above named event.

I hereby release, remise and forever discharge the Fraser Valley Aboriginal Children and Family Services Society-Xyolhemeylh, its agents or volunteers, of and from all manner of action, cause of actions, claims and demands of whatever nature which result from any accidental injury, loss or expense sustained, arising out of or in any way connected with participation in any program or attendance at any location operated by the Fraser Valley Aboriginal Children and Family Services Society-Xyolhemeylh.

In the event a participant is injured, ill or in need of medical attention, I authorize the Fraser Valley Children and Family Services Society-Xyolhemeylh staff to seek medical attention on my behalf.

Participant Signature: _____ Date: _____

Caregiver/Guardian Signature: _____ Date: _____

SECTION 2: Visions and Voices Forum Code of Conduct

This section must be signed and dated by the participant and is designed to help participants understand expectations of the event.

I, _____ agree to abide by the following:

1. I will be kind and respectful to other participants and staff. I will listen and follow staff directions.
2. I will not act in any way that may harm a participant's feelings or hurt them physically, either intentionally or accidentally
3. I will not smoke, vape, use any alcohol or drugs other than medication prescribed to me by a doctor while at the forum. I understand this is a substance free event.
4. I will not bring any weapons or objects that may be used as



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weapons.

5. I will try my best to participate in activities and discussions
6. I will not bring valuables or electronics to camp. If I choose to bring a cellphone I understand it is my responsibility if it is lost or stolen.
7. I understand that if I do not follow the Visions and Voices Forum code of conduct I will be required to leave
8. I understand that I can go to a staff or Visions and Voices leader if I have concerns or questions.
9. I have read through the Visions and Voices Registration Package and understand what to expect at the Camp and what is expected of me

I _____, the participant, have read, understand, and
accept the above expectations of the Visions and Voices Youth Retreat.

Signature of Youth Registering _____

Date: _____



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Section 3: What to Expect:

Our Visions and Voices youth retreat brings youth in and from care together to have fun, connect to culture, build lasting relationships, have their voice heard, give feedback to direct the work of Xyolhemeylh and make positive change!

Our Youth Retreat is a structured weekend that creates space for learning, information sharing, free time and most importantly fun! This means that there is a high level of participation expected from our youth participants.

Here is some of the activities you can expect at our Visions and Voices youth retreat.

Camp Activities

A variety of camp activities will be available for participants to have a safe and fun time. They can include things like:

- Archery
- Rock Climbing
- Camp Fire
- Field Games
- Nature Walk
- Arts and Crafts
- Evening Activities

Talent Show:

This year we are bringing back the TALENT SHOW! Showcase your AMAZING talents during our evening Talent Show!

Are you an aspiring singer? Dancer? Drummer? Got some poetry you want to share? Do you play the guitar? Can you Juggle? Funny Jokes? Share your talents, lets celebrate how amazing you are! Talent show will be fun, chance to win prizes just for participating!

Shared Expectations:

Safety First

We all have a responsibility for being aware of and mindful of safety. It is expected that everyone will behave in ways that put safety, health and wellness first. Failure to behave in a safe manner can lead to various consequences including being asked to leave the event

Restrictions:

This is a dry camp meaning that Alcohol, Smoking, Vaping, and Drug use is not permitted. Weapons of any kind are not permitted at camp. Pocket knives or anything that can be used as a weapon will be confiscated and the participant will be asked to leave camp.



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Medications

For Safety Reasons, we require that participants turn over their medications on arrival day at the registration desk. Medications will be handled by chaperones and locked at all times. Participants will be allowed to keep immediate medications such as inhalers, allergy medications, birth control and epi pens.

- Visions and Voices cannot provide any medication, so if you need non-prescription meds like Tylenol or Advil, please bring them with you
- All medications should be labeled with your name, name of the medication and the prescribed dosage.
- Participants should only bring the amount of medication needed for the weekend and not more.
- Medication will be available based on dosage schedules. Please ensure to list all medications and medication instructions in your registration form so that we can organize medication schedules before hand.

Being in a Shared Space

As a large group it will be important that we are all aware of how we are showing up in shared space.

- Keeping our voices level with an activity
- Keeping the space scent free
- Being present (Not playing on your devices)
- Encouraging and supporting folks who are sharing or presenting by not talking when they are

Wake up time and Quiet Time

Choosing to participate in the Youth retreat means that you agree to follow the wake-up times and quiet times that are in place.

All participants must be up and prepared for the day by 8:30am. You will receive a wake up call at 8:00am.

Quiet time starts at 10:00pm, this means that you will be back at your designated Cabin preparing for bed. Bed time is at 10:30pm. This means the lights will be out and you should be ready for bed. For Safety, All participants must stay in the Cabin from 10pm-8am.

Cabins and Sleeping Space:

Each Cabin has two bunk rooms, a living room/games space, bathrooms and showers. Each Bunk room holds approx. 8 bunk beds. Each Bunk Room will be supervised by at least one staff chaperone as well as at least one Visions and Voices leader. Cabins are separated by Gender Identity. **You can only enter the bunk room you are assigned to.** Bunk rooms are strictly for sleeping. Common areas such as the living room/games room, dining hall, cultural centre are areas better suited for hanging out during free time.

Since the cabins are shared spaces, we ask that you :

- Respect other peoples belongings and sleeping areas
- Be mindful of noise and lights when other people are sleeping
- Keep your area tidy
- Only enter the bunk room you are assigned to

Food:

Since we are in a remote area that is home to various wildlife, food is not permitted in any spaces other than the main hall and at the campfire. You will be given meals throughout the day and snacks will be available in the main hall between mealtimes. Food is not permitted in the Cabins and strictly enforced by Zajac Ranch. If you have any food allergies or food restrictions please list this on your registration form.



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Scents:

We have attendees who have scent sensitivities, so we ask that you help us to maintain a scent-free environment by not spraying perfumes/colognes

Camp Boundaries and Terrain

We will be in a remote area that is home to various wildlife, forest and natural hazards. It is vital that attendees stay within the designated boundaries. The boundaries of the camp will be reviewed on arrival day at the Youth Retreat

What to Bring

We will send out a packing list closer to camp but participants will be expected to bring:

- a sleeping bag/Blanket and Pillow. We are sleeping in bunk beds with mattresses but no bedding is supplied
- Personal Hygiene products (Deodorant, Toothbrush, feminine products, hairbrush, travel shampoo if wanting to shower, etc)
- Clothes for Friday evening-Sunday afternoon (Dress for the weather! It is likely that we will run into some rain as well as sunny days)
- Rain Jacket
- Runners
- Towel (if you are planning to use the shower facilities)
- Medications
- Tylenol/Advil/Allergy pills if you require them
- Any supplies needed for your act if you are participating in the talent show

Note about Electronics:

*Youth are permitted to bring a cellphone in case of emergencies, etc no other electronics are permitted. Bring a cellphone at your own risk, we are not responsible for lost or stolen electronics. Please do not bring valuables to camp.

Registration Information:

Registration Capacity

We have space for 50 youth to attend this Youth Retreat. Registration is on a first come basis once all forms are completed. Staff/Caregivers cannot submit forms without first reading the forms over with the participant and having the participant sign that they understand the expectations of the retreat.

Registration Process:

- Participants must read and have a good understanding of what is expected at the Visions and Voices youth retreat and sign in agreement. Staff and caregivers cannot submit registration forms without the youths participation in the process.
- Complete and Sign Section 1 and 2 as well as the Zajac Ranch
- Send completed Registrations to Visionsandvoices@xyolhemeylh.bc.ca
- Registrations will be reviewed and confirmation will be sent that the registration has been received and accepted. We may request additional information or if the camp has filled we will notify you that the participant is on the waitlist.

Any questions can be directed to Visionsandvoices@xyolhemeylh.bc.ca